



COVID-19 Self-Monitoring Checklist for Students

Are you experiencing the following symptoms*?

- Fever or chills
- Loss of taste or smell
- Sore throat
- Cough
- Shortness of breath or difficulty breathing
- Nausea, vomiting, and/or diarrhea

In addition, have you in the last 14 days:

- Had known close contact or exposure with someone diagnosed with COVID-19
- Traveled internationally
- Traveled domestically

If you checked any of the boxes outlined above, **contact Health Services at 630-844-7500** and stay at home or in your residence hall room until receiving further instruction from Health Services.

* This list does not include all possible symptoms. Please continue referring to CDC guidelines as more is learned about COVID-19.