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It’s been a busy summer here at AU. We are on the move and making changes to better accommodate our growing population. Several departments have been relocated to new or temporary spaces as construction progresses.

Over the summer, several houses were demolished on Calumet Avenue to begin construction on the new Welcome Center, the STEM school and the expanded parking lot. The new buildings won’t be completed this school year, but the parking lot is now open.

The Counseling and Wellness Centers have been combined and relocated to 1400 Southlawn Place. Campus Public Safety is next door at 1408 Southlawn Place.

Each residence hall floor has been equipped with an emergency notification speaker system. The system allows Campus Public Safety to provide students with weather alerts and necessary information in the event of an emergency.

Watkins Hall has had new finishes installed including new floors and lighting fixtures.

Dunham Hall received a makeover with the arrival of the radio station, new classrooms and staff offices in the lower level and the temporary departure of the Schingoethe Museum. A new Schingoethe Museum is scheduled to open in the fall of 2014 in the new Welcome Center.

Improvements have been made to the coaches’ offices and lower level in Alumni Hall. New murals, photos and vinyl graphics celebrating our conference championships have also been added.

Welcome Students! The Counseling Center has moved. We are now located at 1400 Southlawn Place (on the corner between Campus Safety and the Mail Room).

Maybe coming to college is new or maybe you’ve “been there done this.” Either way, getting yourself set up for a new routine is difficult…for anyone. The first thing you can do is accept that there is a new routine.

Here are some other suggestions to help you transition into school and find a balance:

1) **Remember to take care of yourself by getting enough sleep and eating well.** These two things are not optional! Plan ahead with healthy snacks or meals, and don’t forget to pack water. Also, allow yourself some quiet time so that you can pay attention to what you are thinking and feeling. Stress will actually be more stressful if you’re not taking care of your basic needs first.

2) **Be patient and give yourself time.** Adjusting to a campus culture, even if you have been here before, takes time. Be patient with yourself and the process. If things are not going well, try not to dwell on them by focusing on what is going well.

3) **Manage Your Time Effectively.** Being a student means that your time is limited. Finding a weekly routine of when you will be completing coursework, working a job (if applicable), spending time with family and friends to have some fun and then taking time for self-care (yes back to # 1 again, this is how important this is!) is all a part of finding balance in your routine.

4) **Ask for help if you do not know something.** Most likely other students are wondering the same thing. This goes for incoming and returning students.
Employers get a jump on hiring top talent by recruiting in the fall for jobs and internships they want filled in the spring. Don’t miss this great opportunity to participate in Fall Interview Day. It is a great upcoming opportunity for seniors who want to find jobs for May 2014 and sophomore and juniors who will be looking for internships next year!

Fall Interview Day is an annual event sponsored by the office of Career Services and the Illinois Small College Placement Association (ISCPA) where students interview for REAL INTERNSHIPS and REAL JOBS in business (accounting, administration, finance, auditing, systems analysis, etc.), computer science/IT/information systems, underwriting and actuarial science.

You may have heard of some of the 20+ companies participating in Fall Interview Day: Allstate, Caterpillar, Hub Group, Deloitte, MB Financial Bank, State Farm and First Midwest Bank. All have either jobs, internships or both and will be interviewing to fill these openings on October 22. Interviews will take place at Ashton Place in Willowbrook.

This event requires preparation and there are deadlines! You need to act quickly to review your resume with Career Services and get it uploaded and approved on the ISCPA website between September 13 and September 22. Once approved, you will then be able to create cover letters and apply for specific positions. Deadline for application is Monday, September 23 at 5:00 p.m.

RESUME TIPS:

- Typos will get your resume tossed out of the pool. Proofread and ask a friend to proofread too!
- Be unique—your resume should reflect your personal brand.
- Represent yourself honestly on your resume.
- Start each bullet point with a strong action verb, and use each action verb only once!

Call or e-mail Terri Hoehne in Career Services (thoehne@aurora.edu, 630-844-6882) for details or to set an appointment for a resume review.
In any community, there is a mixture of residents, often including senior citizens, families with children and single professionals. In the communities surrounding Aurora University, student residents are often considered to be representatives of the university, even at their off-campus residences. As a result, the University is concerned about the impact of students’ conduct in the community.

We ask students to be considerate of their neighbors. Students should recognize that their schedules may differ considerably from other residents’ schedules and be considerate of community issues such as noise, parking, trash, property maintenance and alcohol usage. It is the student’s responsibility to know and follow the City of Aurora Ordinances. These can be found at [http://www.aurora-il.org/](http://www.aurora-il.org/).

General expectations include the following:

- Be aware that loud music or cars, shouting individuals or increased traffic will disrupt your neighbors. Keep the noise level to a minimum.
- Take responsibility for your guests and ask them to respect your neighbors’ property and quality of life.
- Park cars in the street or in your driveway, not on the lawn; keep parked cars to a minimum and do not infringe on the ability of others to get in and out of their driveways without their view being obstructed.
- Check your lease to determine who is responsible for lawn maintenance and trash. It is important that you keep your home and yard clean and managed.
- Comply with all Aurora University policies and City of Aurora ordinances.
- NO UNDERAGE DRINKING OR OTHER ILLEGAL ACTIVITIES.

In order to encourage these positive behaviors, the university has implemented the following “Good Neighbor” incentive program:

Receive a **$50 bookstore voucher** at the end of each semester if:

- You rent off-campus housing within the following boundaries: Edgelawn east to Highland; Galena south to Prairie
- You register as an Off-Campus Student using the “Good Neighbor” Student Registration Form available at [www.aurora.edu/student-life/resources/off-campus-housing/](http://www.aurora.edu/student-life/resources/off-campus-housing/)
- You are not found responsible for any violations of the Off-Campus Housing policies during the semester (including the break period preceding that semester, i.e. summer and winter break)

(Continued on page 5)
**CODE OF CONDUCT—Off-Campus Housing/Community Disturbance:** Unreasonably disrupting or interfering with the rights of neighbors at off-campus locations, including, but not limited to, failure to abide by applicable University regulations and policies as well as local, state and federal laws.

**AU Student/Tenant Sanctions**

<table>
<thead>
<tr>
<th></th>
<th>Documented underage drinking - NO</th>
<th>Documented underage drinking - YES</th>
</tr>
</thead>
<tbody>
<tr>
<td>1&lt;sup&gt;st&lt;/sup&gt; offense</td>
<td>Probation; attendance required at the next Good Neighbor presentation (with an additional $100 fine if student chooses not to attend)</td>
<td>Probation; AlcoholEdu; $100 fine per tenant present; attendance required at the next Good Neighbor presentation (with an additional $100 fine if student chooses not to attend)</td>
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<tr>
<td>2&lt;sup&gt;nd&lt;/sup&gt; offense</td>
<td>Probation to suspension; $100 fine per tenant present; Parental notification; attendance required at the next Good Neighbor presentation (with an additional $100 fine if student chooses not to attend)</td>
<td>Probation to suspension; $200 fine per tenant present; Parental notification; attendance required at the next Good Neighbor presentation (with an additional $100 fine if student chooses not to attend)</td>
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<tr>
<td>3&lt;sup&gt;rd&lt;/sup&gt; offense</td>
<td>Suspension to expulsion; Parental notification</td>
<td>Suspension to expulsion; Parental notification</td>
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**AU Student/Non-Tenant Sanctions**

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<tr>
<th></th>
<th>Contributed to community disturbance</th>
<th>Documented underage drinking</th>
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<tbody>
<tr>
<td>1&lt;sup&gt;st&lt;/sup&gt; offense</td>
<td>Admonition; attendance required at the next Good Neighbor presentation (with an additional $100 fine if student chooses not to attend)</td>
<td>Admonition; AlcoholEdu; $100 fine; attendance required at the next Good Neighbor presentation (with an additional $100 fine if student chooses not to attend)</td>
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<tr>
<td>2&lt;sup&gt;nd&lt;/sup&gt; offense*</td>
<td>Probation; $100 fine; Parental notification; attendance required at the next Good Neighbor presentation (with an additional $100 fine if student chooses not to attend)</td>
<td>Probation; $150 fine; Parental notification; attendance required at the next Good Neighbor presentation (with an additional $100 fine if student chooses not to attend)</td>
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<tr>
<td>3&lt;sup&gt;rd&lt;/sup&gt; offense</td>
<td>Probation to suspension; $150 fine; Parental notification; attendance required at the next Good Neighbor presentation (with an additional $100 fine if student chooses not to attend)</td>
<td>Probation to suspension; $200 fine; Parental notification; attendance required at the next Good Neighbor presentation (with an additional $100 fine if student chooses not to attend)</td>
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<tr>
<td>4&lt;sup&gt;th&lt;/sup&gt; offense</td>
<td>Suspension to expulsion; Parental notification</td>
<td>Suspension to expulsion; Parental notification</td>
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* A second offense for either tenants or non-tenants will result in the student being restricted from serving in a leadership capacity on campus (e.g. team captain, executive board of a student organization, peer advisor, etc.)
WELCOME TO THE WELLNESS CENTER!
Feeling sick? Have a question or health concern? Come visit us!
We are a nurse-directed clinic ready to help with your health needs.

We’ve moved!
Come check out our new location:
1400 Southlawn (East Entrance)
Monday-Friday 8:30am-4pm

FLU CLINIC
Defend yourself against illness by getting a flu shot!

Tuesday, Sept. 24, 2013
11am-1pm
Alumni Hall Thorton Gym

Wednesday, October 16, 2013
5pm-7pm
UBH South
Flu shots are given by the VNA
Cost is approx. $20
Tdap vaccines also available

PAUSAPALOOZA 2013
Sometimes you have to stop before you can start!
Join us for this event on the Quad to learn why and how you can slow down and hit the “pause button” more in your life!

Wednesday, September 18
10:30a.m. - 1:30 p.m.

GROUP EXERCISE CLASSES
Grab a friend for fun & fitness in one of our Free exercise classes!

GROUP STRENGTH CLASS: Work your abs & all muscle groups!
Mondays, Sept. 9-Dec. 9 5:15pm-6:15pm Activity Room in Alumni Hall

SPIN CLASS: Great cardio workout on a bike!
Tuesdays, Sept. 3-Oct. 15 12pm-1pm Jenks Fitness Center

PILATES: Build flexibility & develop a strong core!
Wednesdays, Sept. 4-Oct. 6 12pm-1pm Location to be announced

ZUMBA: Dance fitness to Latin music!
Thursdays, Sept. 5-Dec. 5 5:30pm-6:30pm Activity Room Alumni Hall

It’s free & open to all students, faculty & staff
Class size is limited and is on a first-come first-served basis.
No need to sign up, just show up!
Questions about the Wellness Center?

Email: wellness@aurora.edu Call: 630.844-5434 Stop in: 1400 Southlawn
The university chaplain, Jonathan Dean, enjoys meeting with students of all faiths and none. If you have an idea for a small group, a suggestion for programming, can help with worship, or just want to chat about life, he’d love to hear from you.

(630) 844-6866 or jdean@aurora.edu

What I Believe

On the third Thursday of the month, an AU staff or faculty member reflects on their core convictions: What matters in life? And how do we build our lives around that? 12-1 p.m. in the Wackerlin Center, with food.

September 12
Dana Ginnett, Asst. Director of Residence Life

Coming soon . . .

No Impact Week is happening October 7-12. It’s a week for taking action to begin living sustainably, responsibly and generously. Register at www.noimpactproject.org. We will think about: recycling, energy use, poverty and environmental change. The week will culminate in the Morning of Service on Saturday October 12. Details from Jonathan Dean or Dr. Julie Hipp.

Candlelight Vigil for 9/11

We’ll remember the day, honor the dead and pledge ourselves to work for peace.

7:00-7:30 p.m. by the flag pole

Wackerlin Center for Faith and Action
430 S. Evanslawn Ave., Aurora, IL 60506
630-844-6864 • cfa@aurora.edu
MAKE YOUR RESIDENCE HALL ROOM A HOME

When you moved in, you saw two or three beds, white walls and plain carpet or tiled floors. Boring! But your room doesn’t have to be. We have gathered great tips from HGTV that can help transform your bland room into a new home that is an expression of you! Transforming your space will not only make your room a stylish place that you want to relax in, but it will make it the ideal place to study.

Coordinate with your roommate

Imagine if Elle Woods and Courtney Love shared a residence room. That would be a disaster! Talk with your roommate to coordinate decorating ideas so your room flows together. That is not to say that everything needs to be matchy-matchy, but maybe you can plan colors and patterns that will complement each other. By coordinating your décor the entire room can be a place that each of you can enjoy.

Bring nostalgic items from home

Homesickness can be one of the hardest parts of college life. A great way to make your new room feel like “home” is to bring items with you that remind you of home. Personal pictures and mementos, such as a baseball trophy, will make your space feel more comforting.

Warm up cold floors with a colorful rug

A bold way to add color to your room is to add a rug. A rug also adds texture to your space. Not only can a rug be stylish but it’s practical too. As the school year progresses, you will appreciate having a warm rug to step onto on cold winter mornings.

(Continued on page 9)
Dress up walls with wall clings
Putting nails in your walls is damaging and against the rules, but you can dress up the white space with a cool wall cling. Wall clings are an inexpensive way to personalize your space with a cool design or inspirational quote. The best part is they peel off at the end of the year!

Conceal clutter
If you are like most resident students there is going to be a lot of stuff in your room. Maximize storage space by adding under the bed storage containers. These containers can hold extra clothes, linens or personal items. Storage containers come in a lot of cool designs and textures besides plastic. Having less clutter around the room will give you and your roommate(s) less to argue about.

Stores such as Target, Bed Bath and Beyond and Homegoods are great places to get stylish decorating items at an affordable price.

There are a lot of other ways that you can transform your space. If decorating isn’t your thing, talk with other students and your RAs to gather great tips.

As you decorate your room, it is important to remember what items you cannot have, such as candles, incense, drug and alcohol paraphernalia and appliances with a heating coil. Always refer to your residence life policies if you have a question. Part of the fun of residence hall living is getting creative with your space.

TIPS FOR ACADEMIC SUCCESS

A new academic year is upon us. While many students understand the generalities of college, such as the difference between a grade of an A and a C, many may not realize some of the often simple steps they can take to become a more successful student.

The following is a list of tips provided by the Crouse Center for Student Success which will enable you to perform better in class and achieve your academic goals.

- **Develop Organization and Time Management Strategies.**
- **Attend Class!**
- **Take Good Notes.**
- **Develop Effective Exam Strategies.**
- **Review.**
- **Develop Your Writing Skills.**
- **Get to Know Your Instructors.**
- **Work Together.**
- **Visit Your Academic Advisor.**
- **Review your syllabus on a daily basis for assignment due dates.**

For more information visit the Crouse Center for Student Success.
WHAT’S YOUR STUDY STYLE?

1. You bring your laptop to class to:
   A. Take notes
   B. Look up things you don’t understand
   C. Go on Facebook

2. Over the weekend you:
   A. Review notes and read ahead for the following week
   B. Set aside time to review your notes
   C. You want me to do homework on a Saturday?

3. You have a test in a week, you:
   A. Study in short intervals every day
   B. Start going over notes a few days before
   C. Cram the night before

4. You use your smart phone to:
   A. Utilize the dictionary and encyclopedia
   B. Schedule important due dates
   C. Text your friends if you’re bored

5. When you read:
   A. You make flashcards
   B. You highlight the text
   C. You’re also watching T.V.

6. You start working on a paper:
   A. A few weeks before it’s due
   B. A week before it’s due
   C. Midnight before it’s due

7. The library is:
   A. Home away from home
   B. A good resource when you need to do research
   C. You don’t even know where it is

8. You’ve made:
   A. High honor roll every semester
   B. Honor roll from time to time
   C. High score on Playstation

See what letter you have marked the most to find your study style:

Your study style is: **A**
You work hard and it shows! You have a GPA that most people would envy. You understand the essential study habits that make you a successful student.

Your study style is: **B**
You have your priorities in order and have a decent GPA to show for it. With more practice, you will be able to sharpen your study skills to get that A you covet.

Your study style is: **F**
You have opportunities to improve your study habits. If you are struggling, find new ways to study like setting up a study group, utilize flash cards or get a tutor at the Center for Teaching and Learning.
Stand and cheer for Old Aurora,
Shout for the Blue and White
Sons and daughters loyal and true,
Champions of the fight!
Go! Aurora never falter,
Victory our battle cry
Praise to our Alma Mater
We lift our Spartans high
Go! Fight! Go, Fight, Win AU!

The new fight song was written and composed by Dr. Al Horney