MARCH 2012

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During the month of March, the Office of Residence Life will be providing current students with the opportunity to participate in the housing sign-up process for the 2011-2012 academic year. Please review the following information carefully in order to enhance your potential for receiving a room assignment for this fall.

In order to be eligible to participate in the housing sign-up process, students must meet the following criteria:

- Students must have a zero balance on their student account
- Students must have a minimum cumulative GPA of 2.00
- Students must be in good disciplinary standing
  - no more than one violation of the alcohol policy
  - no violations of the controlled substance policy
  - all sanctions complete for alcohol violations
  - currently not on disciplinary probation
- Students are expected to maintain these criteria for the duration of the current 2010-2011 academic year, verified in August 2011

For current residents, the $150 non-refundable deposit will be applied to your student account as pre-payment of your fall on-campus housing cost. For students who are currently commuting, a $100 damage deposit will be required.

We want to assure all current students who desire housing that the Office of Residence Life will maximize its resources to accommodate as many students as possible. In an effort to meet the needs of our students, we will once again be identifying a number of rooms for “expanded occupancy.” In essence, rooms in each of our residence halls will be expanded to accommodate an additional resident. The number of rooms that will be expanded will be based on the number of contracts received. However, it is not guaranteed that Residence Life will be able to provide a fall housing assignment to all students who meet the priority requirements and deadlines. Please note the following regarding expanded room assignments:

- Students assigned to expanded rooms will receive a $600 expanded room credit on their student account, applied in the fall semester.
- Expanded rooms are implemented to help those wanting housing to be able to receive it; expanded rooms are not designed to generate additional revenue for the University.
- Please understand that depending on your ranking number, there is a realistic chance that when it is your turn to pick a room assignment, the only options remaining may be in expanded rooms.
- In expanded rooms, the students share closet space, but each student has their own desk, chair, bed, and dresser.

For those students who submit a contract and deposit by the deadline, please be sure to check your campus mailbox by the dates listed to the left to receive additional information regarding your rank order and related information.

**RANK ORDER DETERMINATION**
Rank order will be based on earned semester hours (as recorded by the Registrar’s Office at the conclusion of Fall 2010), GPA, and current resident status.

**TIMELINE FOR FALL 2011 HOUSING**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tue, 3/15/11</td>
<td>Contract and deposit due to Office of Residence Life</td>
</tr>
<tr>
<td>Fri, 3/18/11</td>
<td>Notification of ranking via campus mail for Single Rooms/Deluxe Suites Process</td>
</tr>
<tr>
<td>Sun, 3/20/11</td>
<td>Single Rooms/Deluxe Suites Process, 6:00 PM, UBH</td>
</tr>
<tr>
<td>Fri, 3/25/11</td>
<td>Notification of ranking via campus mail for Standard Rooms Process</td>
</tr>
<tr>
<td>Sun, 3/27/11</td>
<td>Standard Rooms Process, 6:00PM, UBH</td>
</tr>
</tbody>
</table>

WANT 2 KNOW MORE?
To learn more about the 2011-2012 Housing Sign-Up Process, please visit www.aurora.edu/student-life/residence/index.html.
Six Suggestions for Spring Breakers

Here are six tips for students to help make sure that this spring break is a fun and safe time for everyone.

For road-trippers and jet-setters

Make your phone work for you! Program all important phone numbers into your phone before leaving. This includes airlines or other transportation, credit card companies (in case you lose one and have to cancel), hotels (be sure to plug the address in there, too, in case you get lost), and phone numbers for everyone in your group and their emergency contact (parents). If you are going out of the country, you may also want to put in the number for the US consulate in that country. If you have a smart phone, you may also want to download apps related to travel or your specific destination, or bookmark certain sites in your phone’s browser.

Be smart about pictures. You know how they say “Whatever happens in Vegas (or wherever you are going) stays in Vegas”? That stopped being true right around the time that digital cameras and cell-phone cameras became common. While the absolute best way to ensure that no-one take any risqué pictures of you and your friends is to not do anything risqué, if things do get a little crazy, consider deleting the pictures before downloading them onto your computer. Or if you want to keep them, put them in a password protected file on your computer. Remember that once a picture is released onto the internet, it’s likely to be there for a long time, so protect yourself and your friends by using good judgment.

Try to stay on a sleep schedule. If you go on a trip for spring break, it’s very tempting to stay up late, sleeping in late, and just generally throw your usual schedule to the wind. However, if you get too far off your usual schedule, your first week back at school is going to be BRUTAL. So, try not to go more than a couple of hours later than usual for going to sleep, and don’t sleep in more than couple of hours later than you would usually get up. You can get more information about healthy sleep patterns through the National Sleep Foundation.

For those enjoying a “stay-cation”

Be extra watchful if you live in a place where a lot of people are gone for the week. Burglars and other no-so-good types may take advantage of the lack of potential witnesses to commit their crimes. Make sure that you do all of the usual things you would do to keep yourself and your belongings safe.

Take a mini-vacation, even if you can’t go far. Something as simple as spending the afternoon in the park or going for a bike ride through a pretty neighborhood can be a nice change of pace. Or, go splurge on something like a massage to recharge yourself. If you are on a budget, check and see if there are any massage training schools in your area. Students at those schools have to give a certain number of hours of massage to people for their licensing, and the schools allow clients to access those services for very low prices.

Use this time to get ahead in school. If you are staying home, then you automatically have a time advantage over a lot of people who are traveling, because you won’t lose time to standing in lines at the airport or driving to and from your destination. Use those hours to your advantage by doing things like reviewing class notes, working on a big project due at the end of the semester, or just making sure all your big test and assignment due-dates are in your calendar. Anything you can do now, while things are relatively calm, will be a big help later in the semester when things start getting more hectic.
RUNNING A FEVER? WHAT DO YOU DO NOW?

Are you going to class?  
Are you going to practice?  
Heading out to the cafeteria?  
Thinking about going to work?  

The answer should be NO!!

The Wellness Center has been seeing cases of flu-like illness, defined by the Center for Disease Control (CDC) as:

- temperature (over 100.0) or chills, AND any of the following: cough, sore throat, body aches, headache, stuffy nose or fatigue.

The (CDC) recommends that you stay home and keep away from others until your temperature is under 100 degrees Fahrenheit for 24 hours without the use of fever reducing medication like acetaminophen or ibuprofen (e.g. Tylenol, Motrin, Advil, Aleve).

For example:

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30am</td>
<td>9:00am</td>
<td>8:00am</td>
</tr>
<tr>
<td>-102.0 degrees F</td>
<td>-99.5 degrees F</td>
<td>-98.4 degrees F</td>
</tr>
<tr>
<td>- Took fever reducing medication</td>
<td>- No fever reducing medication taken</td>
<td>- No fever reducing medication taken</td>
</tr>
<tr>
<td>- No class, work, practice etc.</td>
<td>- No class, work, practice etc.</td>
<td>- No fever reducing medication taken</td>
</tr>
<tr>
<td>12pm</td>
<td>12pm</td>
<td></td>
</tr>
<tr>
<td>- 101.5 degrees F</td>
<td>- 98.7 degrees F</td>
<td></td>
</tr>
<tr>
<td>- Took fever reducing medication</td>
<td>- No fever reducing medication taken</td>
<td>- No fever reducing medication taken</td>
</tr>
<tr>
<td>- No class, work, practice etc.</td>
<td>- No class, work, practice etc.</td>
<td>- No fever reducing medication taken</td>
</tr>
<tr>
<td>4:00pm</td>
<td>4:00pm</td>
<td></td>
</tr>
<tr>
<td>- 99.6 degrees F</td>
<td>-98.5 degrees F</td>
<td></td>
</tr>
<tr>
<td>- No fever reducing medication taken</td>
<td>- No fever reducing medication taken</td>
<td>- No fever reducing medication taken</td>
</tr>
<tr>
<td>- No class, work, practice etc.</td>
<td>- No class, work, practice etc.</td>
<td>- No fever reducing medication taken</td>
</tr>
<tr>
<td>8:00pm</td>
<td>8:00pm</td>
<td></td>
</tr>
<tr>
<td>- 101.2 degrees F</td>
<td>-98.9 degrees F</td>
<td></td>
</tr>
<tr>
<td>- Took fever reducing medication</td>
<td>- No fever reducing medication taken</td>
<td>- No fever reducing medication taken</td>
</tr>
<tr>
<td>- No class, work, practice etc.</td>
<td>- No class, work, practice etc.</td>
<td>- No fever reducing medication taken</td>
</tr>
</tbody>
</table>

Time entries in blue ink indicate 24-hour fever-free waiting period

May return to class, work and practice after 8:00am today

Things to consider:

You need to check your temperature every 4 hours to know whether you have a fever.

While some physicians may recommend against treating a fever (as it is seen as your body’s natural way of eradicating the germ), untreated fevers can lead to dehydration and uncomfortable body aches and potentially prolong your recovery.

If you do not have a thermometer, stop by the Wellness Center to obtain a free one!
What is a PA?

Peer Advisors of Aurora University are...

- Mentors!
- Engaging!
- Motivated!
- Fun!

Learn more about what it means to be a PA!
Meet current PAs and hear about their experiences.
Thursday, March 3 @ 6pm, Institute 312

Want to be a Peer Advisor for the 2011-2012 academic year? Applications are available in the Office of Student Activities.

All applications are due on Friday, March 18 @ 5pm

Questions? Contact Brandy Raffel
braffel@aurora.edu * 630/844-3823
The purpose of the Peer Conduct Board is to uphold Aurora University’s commitment to strong community living standards and to ensure that the Code of Conduct is being upheld by all students through peer review. The Peer Conduct Board is comprised of five student members and a Convener (the Assistant Director of Residence Life). Student board members will review incidents of misconduct and recommend sanctions which will address any inappropriate behavior.

**Gain Experience in:**
- Team decision making
- Interviewing
- Communication skills
- Investigating human behaviors
- Policy review
- Leadership

**Qualifications:**
- Maintain good academic standing (minimum 2.0 GPA)
- Must be a full-time undergraduate
- Enrolled at Aurora University for at least one semester

**Expectations:**
- Make a commitment to the program for one academic year
- Maintain confidentiality of all cases discussed
- Meet a minimum of once per week for approximately two hours to review cases and recommend decisions to the Director of Residence Life
- Maintain fairness and objectivity when adjudicating cases
- Must attend training session

**Timeline:**
Applications for the 2011-2012 Peer Conduct board are due to the Office of Residence Life by April 1, 2011 at 4pm.

**For More Information:**
Contact Dana Ginnett, Assistant Director of Residence Life
Phone: 630-844-5446, Fax: 630-844-4913
Email: dginnett@aurora.edu

We’re Looking for a Few Good Men (and Women)