Course Description
This is Aurora University’s 13th annual Current Trends in Sports Medicine Workshop. This year’s workshop will focus on topics grounded in Evidence Based Practice (EBP). Four Evidence Based Practice CEUs have been applied for with the Board of Certification (BOC) and are pending approval. A variety of topics are being offered to address the contemporary interest and current needs of today’s healthcare professional. The topics have been designed to maximize application in the clinical setting.

Marc P. Hilgers, MD, PhD, FAAFP, will open this year’s workshop with the presentation “Concussions 2017—Where Are We Now? Prevention, Diagnostic, Treatment.” Dr. Hilgers is the associate medical director for sports medicine at Advocate Dreyer and is an adjunct faculty member at Aurora University. This topic is being presented at the Advanced level based on the BOC educational designation. (EBP applied for and pending BOC approval.)

Catherine E. Wilmington, PT, DPT, will co-present “Concussions 2017—Where Are We Now? Prevention, Diagnostic, Treatment” with Dr. Hilgers. Dr. Wilmington is a physical therapist at Dreyer Medical Clinic (HLD). This topic is being presented at the Advanced level based on the BOC educational designation.

Lawrence Scire, MS, ATC, will conclude this year’s workshop with “It’s Time to Put Your Foot Down: An Evidence Based Approach to Orthotic Fitting.” Mr. Scire is the head athletic trainer for Round Lake High School and kniesiotherapist for Advocate Condell Medical Centre Club. This topic is being presented at the Essential level based on the BOC educational designation. (EBP applied for and pending BOC approval.)

Target Audience
The target audience for Aurora University workshops are certified athletic trainers, physical therapists, EMTs, paramedics, and other credentialed healthcare and/or wellness providers. No individual should be denied participation in Aurora University’s CE programs on the basis of race, color, national origin, religion, sex, disability, military status, sexual orientation or age.

Course Learning Objectives
At the conclusion of the session participants should be able to:
» Recognize practices that are currently in place to treat patients suffering from mild traumatic brain injuries. (Knowledge)
» Identify new recommendations and procedures to treat patients with MTBI. (Knowledge)
» Summarize the research and evidence on the current recommendation for diagnostics and treatment as well as possible prevention of concussions. (Comprehension)
» Apply the newly gained knowledge to prevent concussions from occurring. (Application)
» Relate the evidence to the need to establish and update current concussion management plans. (Evaluation)
» Describe the phases of human gait and the relationship they occupy in our performance in sports and activities of daily living. (Understand)
» Identify specific structural and functional conditions that affect or impair the normal gait pattern. (Knowledge)
» Demonstrate the skill to effectively apply casting or compression materials and position the foot and ankle correctly in creating a negative orthotic cast or impression. (Application)

Featured Presenters
Marc P. Hilgers, MD, PhD, FAAFP
Associate Medical Director for Sports Medicine
Advocate/Dreyer Medical | Aurora, Illinois

Catherine E. Wilmington, PT, DPT
Physical Therapy Department
Dreyer Medical Clinic (HLD) | Aurora, Illinois

Lawrence Scire, MS ATC
Head Athletic Trainer
Round Lake High School | Round Lake, Illinois
Athletic Trainer/Kinesiotherapist
Advocate Condell Medical Centre Club
Libertyville and Gurnee, Illinois

Schedule of Topics
Saturday, February 25, 2017
University Banquet Hall | Aurora University
1410 Marseillaise Pl. | Aurora, IL 60506
7:30–8 a.m.   Registration (continental breakfast)
8–9:55 a.m.   Concussions 2017—Where Are We Now? Prevention, Diagnostic, Treatment
10–11:55 a.m. It’s Time to Put Your Foot Down: An Evidence Based Approach to Orthotic Fitting

Target Audience:
Objectives:
Presenters:
Schedule of Topics:
Costs:
Payment:
BOC Continuing Education:
Registration:
Cancellations:
Contact:
For More Information:

A credit card option is available. Please complete the information below.

Name
Address
City/State/ZIP
Phone
Email
BOC Certification #
Primary Employment Setting:

Continental breakfast and refreshments are included in the registration fee.

Cost for certified professionals: $55
Cost for noncertified students: $25
Aurora University Preceptor

To register, please check the costs that apply. Online registration is also available at aurora.edu/smw.

Payment must accompany registration form. Make check payable to Aurora University.

Online registration is also available at aurora.edu/smw.