CURRENT TRENDS IN SPORTS MEDICINE WORKSHOP

Course Description
This is Aurora University’s 11th annual Current Trends in Sports Medicine Workshop. This year’s workshop will focus on topics grounded in Evidence Based Practice (EBP). Evidence Based Practice CEU credit has been applied for with the BOC and is forthcoming. A variety of EBP topics are being offered to address the contemporary interest and current needs of today’s healthcare professional. The topics have been designed to maximize application in the clinical setting.

Dr. Brian Chilelli will open up this year’s workshop with a presentation on the Assessment and Treatment Options for Articular Cartilage Lesions. This session will present classifications of articular cartilage lesions and contrast surgical versus non-surgical treatment options.

Dr. David Reetz will present on Perfectionism as a Non-Stigmatizing Construct to Identify and Refer Student-Athletes with Anxiety Concerns. This presentation has particular relevance within the athletic population considering the increase in diagnosed mental health related disorders in recent years. This session will provide the framework to assist athletic trainers’ ability to identify and refer student-athletes for mental health services.

Michael Palm, ATC, and Jennifer Bruck, PT DPT, will present on the Role of the Athletic Trainer and Physical Therapist in the Management and Rehabilitation of the Concussed Athlete. This session will present evidence contrasting active versus conservative concussion therapy protocols and the role that each healthcare professional plays in the management of this condition.

Dr. Joshua Bletzinger will present evidence supporting the efficacy of the Functional Movement Screen as a reliable diagnostic tool to assess movement patterns as a predictor of musculoskeletal injury. This presentation will be followed by a hands-on lab.

Target Audience
Certified athletic trainers, physical therapists and other healthcare professionals completing the workshop will be abreast of current trends in sports medicine and will be able to implement these programs in their employment setting.

According to the education levels described by the PDC, this continuing education course is considered to be Advanced Level.

Featured Presenters
Michael Palm MS, MBA, ATC, Manager Concussion Services, Athletico
Oak Brook, IL

Jennifer Bruck PT, DPT, Physical Therapist, Athletico
Batavia, IL

Josh Bletzinger DC, CCSP, ATC, CSCS, Performance Clinics & Athletes Edge
Oak Brook, IL

Brian Chilelli, MD, Orthopedic Surgeon, Cadence Health/Northwestern Hospital
Chicago, IL

David R. Reetz, PhD, HSSP, Director of Counseling Services, Aurora University
Aurora, IL

To register, please check the costs that apply. Online registration is also available at aurora.edu/smw.

- Cost for certified professionals: $50
- Cost for noncertified students: $25
- Aurora University Preceptor

Continental breakfast and refreshments are included in the registration fee.

Name
Address
City/State/ZIP
Phone
BOC Certification #

Primary Employment Setting:
- High School
- Clinic
- College or University
- Clinic Outreach
- Industrial
- Other

Payment by credit card: [ ] Visa [ ] MasterCard [ ] Discover

Card #
Expiration date
Signature

Total to be charged

Please fax or mail completed registration form along with payment to:
Aurora University
Athletic Training Education
Dr. Oscar Krieger
347 S. Gladstone Ave.
Aurora, IL 60506
Fax: (630) 844-4923

A credit card option is available. Please complete the information below.

Payment must accompany registration form. Make check payable to Aurora University.

Online registration is also available at aurora.edu/smw.

Saturday, February 7, 2015
University Banquet Hall | Aurora University
1410 Marseillaise Pl. | Aurora, IL 60506

Schedule of Topics
7:30–8:00 a.m. Registration (continental breakfast)
8:00–8:55 a.m. Assessment and Treatment Options for Articular Cartilage Lesions
9:00–9:55 a.m. Perfectionism as a Non-Stigmatizing Construct to Identify and Refer Student-Athletes with Anxiety Concerns
10:00–10:55 a.m. The Role of the Athletic Trainer and Physical Therapist in the Management and Rehabilitation of the Concussed Athlete
11:00 a.m.–1:00 p.m. Functional Movement Screen — Presentation — Lab

Fees: Space is limited to the first 50 registrants. The registration fee for certified professionals is $50. The registration fee for noncertified students is $25. Preregistration is required by Wednesday, February 4, 2015.

BOC Continuing Education: This course has been approved for 5 CEU credits by the Illinois State Board of Education. Attendance verification forms will be distributed at the conclusion of the workshop.

For More Information: Dr. Oscar Krieger | Aurora University
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Telephone: (630) 844-4224 | Fax: (630) 844-4923
Email: okrieger@aurora.edu

Aurora University is recognized by the Board of Certification, Inc. to offer continuing education for certified athletic trainers.