

January Jumpstart 2023: Launching Your Career



Aurora University, Aurora, IL | Webinar January 3 - 5, 2023



About Me

MY NAME IS SHERRI S. WICK, I AM A MENTOR, MOTIVATOR, ADVOCATE AND OVERALL DOPE HYPEWOMAN!

- Licensed Clinical Professional Counselor (LCPC)
- National Board Certified Counselor (NBCC)
- MBTI Practitioner
- Intercultural Development Inventory (IDI)
 Qualified Administrator

Owner/Founder:

- Holistically Divine Counseling, LTD
- Moments of Mindfulness, LLC
- The Gift of Counseling (TGOC), LLC
- Simply Divine Consultant

Adjunct Professor:

- Benedictine University, Lisle, IL
- National Louis University, Chicago, IL

Movement:

• Hardstyle Kettlebell & Animal Flow



Chat: (Do not hit enter, just hit space bar to add all the info)

- First & Last Name;
- Major;
- Career Interest(s);
- Where did you do your internship or volunteer experience?
- Why are you attending this webinar?

"You can't build a reputation on what you're going to do." —Confucius

quote

LinkedIn Profile Checklist







Handshake: Resource to find Internships & Job Opportunities



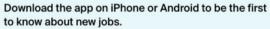
Aurora University

Aurora University Handshake Login



You can also sign in with your email address. (Please use your .edu address, if applicable.)

Job hunt on the go with the Handshake app





Elevator Pitch

Elevator pitch is a brief (30 seconds) pitch introducing yourself, getting across a key point and making a connection.

To prepare for your elevator pitch, think about the following:

- Who Are You? Self understanding (values, interests, passions, purpose)
- Major/Career
- 1 Skill learned through (volunteer, internship, job shadowing or job)
- Call to action

Be prepared and make sure your elevator pitch is tailored to the appropriate audience (e.g. Career Fairs, Networking Event, Grocery shopping, etc)

Practice with Career Services, Family, Friends, By yourself in the mirror, Classmates



Reminders:

Engage in repetitive activities: Academics - be successful at your studies - learn and apply what you've learned

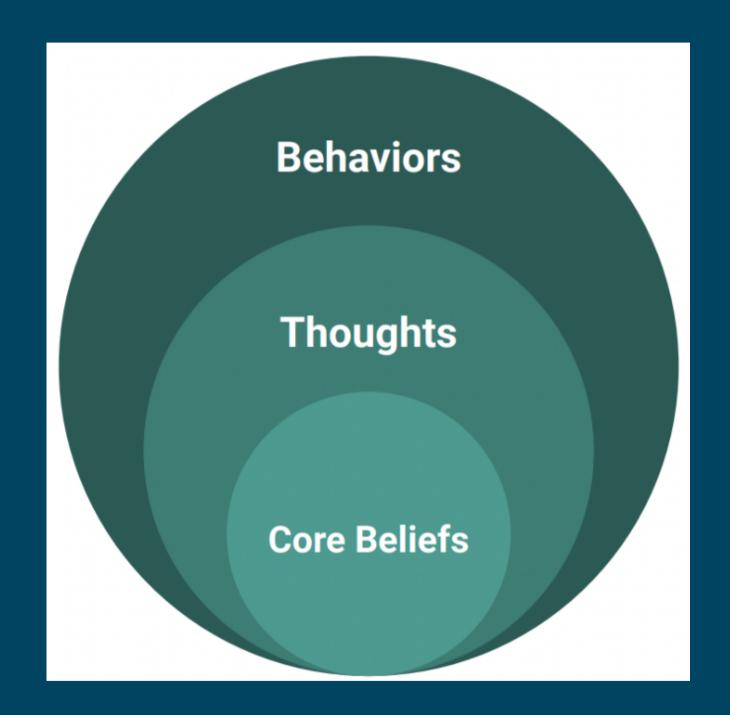
Professional Development - network with at least one person in your field (quarterly)

Beware of your deposits and withdrawals

Affirm yourself often - with your identity statement and your permission and commitment statement

Statement:

I give myself permission to.
I am committed to learn/grow/make mistakes...just be I am the candidate for this job/internship.
I have what I need to be successful.



Motivation/Consistency

"Don't be afraid to fail BIG."

~ Denzel Washington

"Fall Forward."

"Denzel Washington



Purpose/Vision

"Purpose crosses disciplines." "Chadwick Boseman

"Purpose is the essential element of you."

"Chadwick Boseman



THANK YOU







